# CURRICULUM VITAE

### PERSONAL:

N<u>AME:</u>Carlos Spera, M.D.

ADDRESS: 12575 Orange Drive, Suite 303 Davie, FL 33330

TELEPHONE NUMBER: Office: (954) 577-8585 Fax: (954) 577-8556

PLACE OF BIRTH: Buenos Aires, Argentina

SPECIALTY: Plastic and Cosmetic Surgery

BOARD CERTIFICATION: American Board of Cosmetic Surgery since 2003

### WORK EXPERIENCE:

August 2013-Present Larkin Community Hospital 7031 SW 62 Ave South Miami, Fl. 33143 Appointed to the Medical Staff with Privileges in Plastic Surgery

August 2003-Present Carlos Spera, M.D. PA Ambulatory Surgical Center 12575 Orange Drive, Suite 303 Davie, FL 33330

April 2000-Present Carlos Spera, M.D.P.A. 8700 W. Flagler St Miami, Florida 33144 Private Practitioner in Plastic and Cosmetic Surgery

Jan.1998-Present Palm Springs General Hospital(now known as Larkin Community Hospital North Campus) 1475 West 49 Street Hialeah, Florida 33012 Appointed to the Medical Staff with privileges in: PLASTIC & RECONSTRUCTIVE SURGERY

Oct.1997-2003 South Florida Cosmetic Surgery Specialists 333 N.W. 70th Avenue, Suite 201 Plantation, Fl. 33317 Private Practitioner in Plastic and Aesthetic Surgery

1995-Sept.1997 State University of New York Health Science Center at Brooklyn 450 Clarkson Avenue, Brooklyn, New York 11203 USA Anesthesiology Resident, PGY2, PGY3 and PGY4

1994-1995 New Rochelle Hospital Medical Center 16 Guion Place, New Rochelle, New York 10802 USA Surgical Resident, PGY1 1993-1994 Berkshire Medical Center 725 North Street Pittsfield, Massachusetts 01201 Fellow in Neurosurgery, House Staff Officer

1992-1993 South Miami Hospital 6200 Southwest 73rd Street, Miami, Florida 33143 USA Surgical Assistant

# WORK EXPERIENCE: (Cont.)

1987-1992 Clinica Spera de Cirugia Plastica ("Spera" Clinic of Plastic Surgery) Pedro Goyena 38, Buenos Aires, 1424, Argentina Associate Director of Plastic Surgery

1980-1991 Policlinica Bancaria "9 de Julio" ("9 of July" Banking Industry Polyclinic) Av. Gaona 2197, Buenos Aires, 1416, Argentina Surgeon, Department of Plastic Surgery

1980-1990 Hospital Italiano de Buenos Aires (Italian Hospital of Buenos Aires) Gascon 450, Buenos Aires, 1181, Argentina Surgeon, Department of Plastic Surgery

1978-1980 Policlínica Bancaria "9 de Julio" ("9 de July" Banking Industry Polyclinic) Av. Gaona 2197, Buenos Aires, 1416, Argentina Surgeon, Emergency Room.

1975-1980 Policlínica Bancaria "9 de Julio" ("9 of July" Banking Industry Polyclinic") Av. Gaona 2197, Buenos Aires, 1416, Argentina Surgical Assistant, Department of General Surgery

## HOSPITAL TRAINING:

01/1998 to Palm Springs General Hospital 08/1998 1475 W. 49<sup>th</sup>Street, Hialeah, Florida, 33012 USA Proctorship Program under the direction of Rafael Rivas MD, Chief of Surgery and Richard Nadal MD, Board Certified Plastic Surgeon 1995-1997 State University of New York Health Science Center at Brooklyn 450 Clarkson Avenue, Brooklyn, New York 11203 USA Anesthesiology Resident, PGY2, PGY3 and PGY4 1994-1995 New Rochelle Hospital Medical Center 16 Guion Place, New Rochelle, New York 10802 USA Surgical Resident, PGY1 1993-1994 Berkshire Medical Center 725 North Street, Pittsfield, Massachusetts 01201 USA Neurosurgery Fellowship, House Staff Officer

1978-1980 Hospital Italiano de Buenos Aires (Italian Hospital of Buenos Aires) Gascon 450, Buenos Aires, 1181, Argentina Fellowship, Plastic and Reconstructive Surgery

1975-1978 Hospital Municipal "P. Pinero" ("P. Pinero" Municipal Hospital) Varela 1301, Buenos Aires, 1406, Argentina Residency in General Surgery (PGY1,PGY2,PGY3)

#### PUBLICATIONS:

"Medical Leeches for the Salvatage of a Nipple Areola Complex" The American Journal of Cosmetic Surgery Vol. 19, No. 1, 2002 Miami, FL

"Our Experience in the Treatment of Mandibular Prognathism". San Salvador de Jujuy, Province of Jujuy, Argentina, November 16-21, 1980.

### PUBLICATIONS: (Cont.)

"Reductive Mastoplasty". San Salvador de Jujuy, Province of Jujuy, Argentina, November 16-21, 1980.

"Plastic Reduction of the Buttock". San Salvador de Jujuy, Province of Jujuy, Argentina, November 16-21, 1980.

Tenth Argentine Convention of Plastic Surgery. San Salvador de Jujuy, Province of Jujuy, Argentina, November 16-21, 1980.

"Internal Suspension in the Immobilization of Maxillary Fractures". Ninth Argentine Convention of Plastic Surgery. Cataratas del Iguazu, Provincia of Misiones, Argentina. October 7-12, 1979.

"Aesthetic and Reconstructive Blepharoplasty in Palpebral Ptosis". Ninth Argentine Convention of Plastic Surgery. Cataratas del Iguazu,

Misiones, Argentina.

Provincia of

October 7-12, 1979.

"Orbital Fractures: Bone and Cartilaginous Grafts". Ninth Argentine Convention of Plastic Surgery. Cataratas del Iguazu, Provincia of Misiones, Argentina. October 7-12, 1979.

"Pharyngoplasty". Ninth Argentine Convention of Plastic Surgery. Cataratas del Iguazu, Provincia of Misiones, Argentina. October 7-12, 1979.

"Epithelial Tumors of the Mandible". Seventh Argentine Convention of Plastic Surgery. Mar del Plata, Province of Buenos Aires, Argentina. November 13-19, 1977.

"Metallic Inclusions in Mandibular Reconstructions". Seventh Argentine Convention of Plastic Surgery. Mar del Plata, Province of Buenos Aires, Argentina. November 13-19, 1977.

"Radical Criteria in Cancer of Ear Auricula". Fifth Argentine Convention of Plastic Surgery City of Buenos Aires November 30-December 6,1975.

## EDUCATION:

1969-1974 Universidad de Buenos Aires (University of Buenos Aires) Paraguay 2195, Buenos Aires, 1121, Argentina School of Medicine, Medical Doctor Degree (August 10, 1974)

1964-1968 Colegio "Profesor Mariano Acosta" ("Professor Mariano Acosta" College) Gral Urquiza 273, Buenos Aires, 1215, Argentina Secondary Education, Teacher Diploma Elementary School.

## LICENSURE:

Physician, State of Florida Licensed under provisions of Chapter 458

CONTINUING MEDICAL EDUCATION:

## CONTINUING

MEDICAL EDUCATON:

April 2021	Biostimulation of the skin and its supporting structures Webinar 2 AMA PRA Category 1 Credits
April 2021	Innovations in Cellulite Treatment: Dissolving Barriers for Optimal Outcomes 1.5 AMA PRA Category 1 Credits
April 2021	Thriving in Aesthetics: High Dose Toxins Webinar 1 AMA PRA Category 1 Credit
Feb 2021	A cluster randomized Trial of Hydroxychloroquine for prevention of Covid 19 0.5 AMA PRA category 1 Credit
January 2021	Subnasal Lip Lift and its Effects on Nasal Aesthetics 0.5 AMA PRA Category 1 Credit
January 2021	Fat Grafting and Auto Augmentation Mastopexy after breast implant removal:Technique and Evaluation of Outcomes using BREAST-Q 0.5 AMA PRA Category 1 credit
January 2021	Total Breast Reconstruction using large volume condensed and Viable fat grafting after mastectomy 0.5 AMA PRA Category 1 Credit
January 2021	Local infiltration of tranexamic Acid in liposuction: A single surgeon outcome analysis and considerations for minimizing post operative donor site ecchymosis 0.5 AMA PRA Category 1 Credit
January 2021	Dissection Technique for abdominoplasty with scarpa fascia preservation:Comparative study on avulsion technique versus diathermocoagulation 0.5 AMA PRA Category 1 Credit
January 2021	Interleukin-6 receptor antagonists in critically ill patients with Covid 19 - Preliminary report 0.5 AMA PRA Category 1 Credit

January 2020 Reducing Risks Associated with Treating Atrial Fibrillation Norcal Mutual 1 AMA PRA Category 1 Credit

January 2020 Common Bile Duct Transections During Laparoscopic Cholecystectomy Norcal Mutual 1 AMA PRA Category 1 Credit

November 2019 QMP 2019 Aesthetic Surgery Meeting 23.25 AMA PRA Category 1 Credits of which 7 are Patient Safety

December 2018 Biostimulatory Fillers in Aesthetic Medicine: Keeping Ahead of the Curve 3.0 AMA PRA Category 1 Credits

December 2018 Guidelines for Prescribing Controlled Substances and Addressing

Opioid Abue. Medical Error Reduction and Prevention. Clinician's Guide to Intimate Partner Violence 6.0 AMA PRA Category 1 credits

May 2018 Safe and Effective Prescribing of Controlled Substances 3.0 AMA PRA Category 1 credits

December 2017 Expert Insights on the Key Role of Collagen stimulating Soft Tissue Fillers in Aesthetic Medicine 3.0 AMA PRA Category 1

November 2017 Safety & Satisfaction with Absorbable Suspension Sutures in Facial Repositioning & Tightening 0.75 AMA PRA Category 1 Credits

November 2017 Second Annual Global Aesthetics Conference 31.25 AMA PRA Category 1 credits

November 2017 The Role of Absorbable Suspension Sutures in Facial Repositioning and Tightening 3.00 AMA PRA Category 1 Credits

November 2017 Remodel, Refresh Rejuvenate: A Comprehensive Approach to Optimizing Aesthetic Outcomes. 2.0 AMA PRA Category 1 Credits January 2017 Fundamentals of Informed Consent. 2 AMA PRA Category 1 Credits

December 2016 Advances in Aesthetics: A Global Treatment Approach to Optimizing Patient Outcomes. 3.0 AMA PRA Category 1 Credits

March 2016 Full Face Rejuvenation with Injectables and Energy Based Tissue Lifting:Treatment Challenges of the Lower Face 3.0 AMA PRA Category 1 credits

October 2015 Live Activity 1<sup>st</sup> Global Aesthetics Conference 42 AMA PRA Category 1 credits

January 2015 Preventing Medical Errors for Physicians - Florida Requirement 2 CME Credits

August 2013 Localized and

Advanced ER- Positive Breast Cancer 1 AMA Credit

August 2013 Diagnosis and Treatment of Basal Cell Carcinoma .050 AMA Credits

August 2013 Breast Restoration After Conservation Surgery and Radiation: Best Practices and New Techniques

.25 AMA Credits

August 2013 FDA Approvals: Plasma- Derived Agent for Anticoagulation Reversal .25 AMA Credits

August 2013 In My Practice: The Art, Science, and Business of Aesthetic Medicine

1 AMA Credit August 2013 Anatomical Context of Facial Aesthetics On-line CME 2 AMA Credits July 2013 Master Class: Treatment of Aging Upper Face 1.25 Credits July 2013 Treatment of the Aging Lower Face and Neck: A Master Class with Lisa Donofrio 1.50 Credits June 2013 Developing an Aesthetic Treatment Plan: Evaluating Facial Anatomy .75 CME Credits May 2013 Palliative Care and Pain Management at the End of Life 15 Credits May 2013 Candela Laser Gentle Yag Laser Training March 2013 Cleveland Clinic Center for Continuing Education 14<sup>th</sup> Annual Innovations in Aesthetic Surgery: Multidisciplinary Symposium 16.75 CME Credits March 2013 Allergan Academy Natrelle 410 Certification February 2013 CPR- Electrolytes Association of Florida 7 Hours January 2013 Pneumonia CME online 10 CME credits January 2013 Medical Error Prevention 2 CME Credits January 2013 Domestic Violence 2 CME Credits September 2012 Facial Fat Transfer Foundation for Care Management 8 Hours August 2012 Stem Cell Harvesting and Isolation Techniques Foundation for Care Management 16 Hours January 2012 Sciton Laser Joule Aesthetic System Serial # 11919 Hands on Training

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October 2011 Laser Safety/ Biophysics of Laser Applications (8.0) American
                     National Standard for the Safe Use of Lasers in
Healthcare Facilities
August 2011 Sandstone Medical Technologies
                     Whisper Erbium 3-G Laser System
                     16 hours on hand training
January 2011 Prime Educational (1.5)
                     Therapy for HIV Patients who are Treatment- Nieve
January 2011 Elsevier (2.5)
                     Non Surgical Facial Rejuvenation
January 2011 Prime Educational (2.0)
                     Ethical choices to reduce medical errors
October 2010 Aesthetic Extender Symposium (20)
August 2010 Health Career Institute (7)
                    Advanced Cardiac Life Support
    January 2010 American Academy of Cosmetic Surgery (8)
                 Cosmetogynecology Workshop
 July 2008 John Hopkins University School of Medicine (4) Minimal
                     Access Cranial Suspension
June 2008 John Hopkins University School of Medicine (4) Lower Lid
                     Blepharoplasty with Volume Replacement
May 2008 John Hopkins University School of Medicine (4)
                                                                    Rhinoplasty
Treatment of the crooked nose
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May 2008 John Hopkins University School of Medicine (4) Enhancing Upper Eyelid with Lateral Brow Elevation

April 2008 John Hopkins University School of Medicine (4) Contouring the Male Neck: More than just fat

April 2008 John Hopkins University School of Medicine (4) Neck Rejuvenation without a facelift April 2008 Informed (2) Physician Update: Medical Errors April 2008 John Hopkins University School of Medicine (4) The Arched SMAS Facelift with Periorbital Rejuvenation March 2008 John Hopkins University School of Medicine (4) Complex Secondary Rhinoplasty: the over-resected nose October 2007 Cynosure SmartLipo and Laser Lipolysis System November 2007 Fraxel Laser Advanced User Seminar April 2007 Advanced Fraxel Laser Unit Training January 2007 American Academy of Cosmetic Surgery (20) 23rd Annual Scientific Meeting Renewal and Rejuvenation September 2006 Fraxel SR Laser InService August 2006 Advanced Botox Cosmetic Instructional Course January 2006 American Academy of Cosmetic Surgery (24) 22nd Annual Scientific Meeting The Innovators: Cosmetic Surgeons January 2006 Composite Contour Thread Lift Skills Transfer Course September 2005 Advanced Techniques Using Facial Implants August 2005 Vacuum Assisted Closure Educational Seminar July 2005 Laser and Light -Based Hair Removal or Reduction (30) 2003 Diplomat of the American Academy of Cosmetic Surgery January 1993 ECFMG Certificate- Permanent Validation November 1991 Standard ECFMG Certificate Foreign Medical Examination (Medical Science) Basic Science (81) Clinical Science (79)

June 1991 FLEX Examination: Component I (79) Component II (76)

March 1980 Plastic Surgery Certificate Department of Public Health Buenos Aires, Argentina

September 1979 General Surgery Certificate Department of Public Health Buenos Aires, Argentina

**LANGUAGES:** English Spanish